

HMR Certification Criteria - Individual

Trained Facilitator-Basic

Individuals at this level will develop the following Core Competencies including but not limited to:

- *Requisite skills for facilitation of the curriculum.*
- *One note per session from trainee for a total of 18 notes submitted to GRE. Specific elements of each note are:*
 - *General Summary*
 - *What worked?*
 - *What didn't work?*
 - *What would you do differently?*
 - *How did it affect you personally (i.e., emotionally, psychologically, etc.)?*
- *Ability to facilitate all 18 sessions of the curriculum.*
- *Ability to verbalize an understanding of the theoretical constructs that underlie HMR.*

Pre-Certification Requirements:

- Completion of 3 day HMR training.

Certification Requirements (concurrent):

- Completion of 2 cycles of HMR curriculum with concurrent consultation. *Implementation of HMR must occur within 3 months of training.*
- 10 hours consultation minimum (remote or face to face) with assigned GRE consultant.
- Consultation must be completed within 12 months of HMR training.

Level 1 - Certified Facilitator - 2 year Certification.

Individuals at this level will develop the following Core Competencies including but not limited to:

- *Demonstrated mastery for facilitation of the curriculum*
- *Ability to facilitate all 18 sessions of the curriculum in full adherence and in accordance with the HMR Fidelity Tool .*
- *Ability to verbalize a comprehensive understanding of the theoretical constructs that underlie HMR*

Pre-Certification Requirements:

- Completion of 3 day HMR training.

Certification Requirements (concurrent):

- A Man's Way® Core Competencies readings (including but not limited to):
 - A Man's Way Through the 12 Steps
 - A Man's Way Through Relationships
 - Male Psychological Development: A Relational Perspective (article)
 - Motivational Interviewing for Men (article) (*recommended*)
 - Men in Therapy: New Approaches for Effective Treatment (David Wexler) (*recommended*)
 - SAMHSA Tip 56: Addressing the Specific Behavioral Health Needs of Men) (*recommended*)
- Completion of 4 cycles (minimum) of HMR curriculum with concurrent consultation.
- One summary note from two of the four cycles of HMR curriculum submitted to GRE. Specific elements of each note are:
 - General Summary
 - What worked?
 - What didn't work?
 - What would you do differently?
 - How did it affect you *personally (i.e., emotionally, psychologically, etc.)?*
- Familiarity with HMR Fidelity Tool and an ability to demonstrate utilization of this as part of certification process.
- 10 Additional hours CE of GRE approved training. (Contact GRE to ensure training falls under the approved requirements.)
- Minimum of 24 hours total consultation (remote or face to face) with GRE Consultant. Applicant must provide audio and/or video recordings of facilitated sessions or be directly observed by assigned GRE Consultant. (Number and type of submissions will be determined on an individual basis with the assigned GRE Consultant.)
- Upon completion of all requirements, designation as an HMR Certified Facilitator, Certificate of Completion, listing as Certified Facilitator on GRE Website.

Recertification Process Level 1 Certified Facilitator:

- 8 hours CE of GRE approved training during the recertification period.(Contact GRE to ensure training falls under the approved requirements.)
- Completion of 4 additional cycles of HMR curriculum with monthly consultation (one hour a month; remote or face to face) with assigned GRE Consultant.

Level 2 - Certified Trainer - 2 year Certification.

Individuals at this level will develop the following Core Competencies including but not limited to:

- *Demonstrated mastery for facilitation of the curriculum*
- *Ability to facilitate all 18 sessions of the curriculum in full adherence and in accordance with the HMR Fidelity Tool .*
- *One summary note from each cycle of HMR curriculum submitted to GRE. Specific elements of each note are:*
 - *General Summary*
 - *What worked?*
 - *What didn't work?*
 - *What would you do differently?*
 - *How did it affect you?*
- *Ability to verbalize a comprehensive understanding of the theoretical constructs that underlie HMR*
- *Demonstrated knowledge of the model by being able to present GRE trainings to other clinicians in a clear and informed manner.*

Pre-Certification Requirements:

- Completion of Level 1 qualifications.

Certification Requirements (concurrent):

- Completion of 4 additional cycles of HMR curriculum.
- Completion of HMR Core Competencies of Training including but not limited to:
 - Facilitation of components of the 3 day HMR Training or other GRE workshops.
 - Co-facilitation of two (2) - 3 day HMR training.
- 10 additional hours CE of GRE approved training plus 2 additional in-person 3 day HMR trainings. GRE partial or full compensation for travel determined on an individual basis.
- 24 hours consultation- Minimum (remote or face to face including real-time feedback during and after trainings) with assigned GRE Consultant.
- Ability to facilitate and articulate all HMR theory and curriculum in accordance with GRE Fidelity Tool.
- Provision of training only to the staff within the trainee's agency OR in partnership with GRE sponsored training.
- Upon completion of all requirements, designation as an HMR Certified Trainer, Certificate of Completion, listing as Certified Trainer on GRE Website.

Recertification Process Level 2 Certified Trainer:

- 15 hours of GRE approved CE training during the recertification period. (Contact GRE to ensure training falls under the approved requirements.)
- Completion of 2 additional cycles of HMR curriculum with 20 total hours concurrent consultation with assigned GRE Consultant.
- Revisit and renew contract with GRE.

Level 3 - Certified Consultant - 2 year Certification.

Individuals at this level will develop the following Core Competencies including but not limited to:

- *Demonstrated mastery for facilitation of the curriculum*
- *Ability to facilitate all 18 sessions of the curriculum in full adherence and in accordance with the HMR Fidelity Tool.*
- *Ability to verbalize a comprehensive understanding of the theoretical constructs that underlie HMR*
- *Demonstrated knowledge of the model by being able to present GRE trainings to other clinicians in a clear and informed manner.*
- *Ability to conceptualize cases and clinical challenges in adherence with the fidelity of the HMR model.*
- *Demonstrated comprehensive knowledge of working within a male-responsive trauma-informed framework.*

Pre-Certification Requirements:

- Completion of Level 1 & 2 qualifications.

Certification Requirements (concurrent):

- Co-facilitation of two (2) additional HMR 3-day trainings or other GRE workshops.
- Minimum of 50 hours total consultation (remote or face to face) with assigned GRE Consultant.
- Provision of consultation through GRE.
 - Must meet minimum standard in respective home state for Certified Clinical Supervisor (CCS) or equivalent or be licensed/certified thereof.
- Ability to facilitate and articulate all HMR theory and curriculum in accordance with GRE Fidelity Tool.
- Upon completion of all requirements, designation as an HMR Certified Consultant, Certificate of Completion, listing as Certified Consultant on GRE Website.

Recertification Process Level 3 Certified Consultant:

- 15 hours of GRE approved CE training during the recertification period. (Contact GRE to ensure training falls under the approved requirements.)
- Continued facilitation of HMR curriculum (preferred) with ongoing supervision from GRE based on individual needs.
- Revisit and renew contract with GRE.

Certification Application Details:

- 2 year certification according to designated level.
- Application Fee: \$350 per level.
- Renewal Fee: \$250 per level
- Consultation fees- \$50-\$100 per hour for individual consultation based on a sliding scale. Applicants needing financial assistance must complete a statement of need.

Lapsed Certification:

In the event there is a lapse in credential, the individual has 2 years from the expiration date to recertify. Lapses beyond the 2 year grace period require re-application at the Level 2 credential including attainment of level 1 requirements.

Candidate's responsibility during consultation process:

- To attend all scheduled consultations or give ample notice of the need to cancel and reschedule.
- Maintain the highest standards of ethical practice.
- To complete and submit all required paperwork in a timely manner.
- Demonstrate sufficient mastery of necessary objectives and goals during the course of certification.
- Maintain all necessary licenses, professional liability insurance, etc. in order to maintain their standing in certification.
- Maintain financial commitment to assigned GRE consultant.

Griffin Recovery Enterprises - HMR Certified Consultant's responsibility during consultation process:

- Provide the required time and availability for consultation. Provide ample notice for cancellations or rescheduling.
- Answer any questions or address any concerns that may arise in a timely and professional manner.
- Maintain financial integrity and commitment to fees.
- Provide consultee with appropriate documentation needed for the certification process in a timely and professional manner.
- Maintain the highest ethical standards of clinical practice.
- Maintain Clinical Supervision Certification in accordance with respective state standards.